

KIT LIST

Kit list for a range of activities in different seasons.

	RAMBLING	HILL WALKING	MOUNTAIN WALKING	CAMPING	LEISURE SKIING	OFF-PISTE SKI	SKI MOUNTAIN/TOUR	TRAVEL
BACKPACK	*	*	*	*	*	*	*	*
BACKPACK LINER/DRY BAG	*	*	*	*				*
RAIN COVER	*	*	*	*				*
SLEEPING BAG				*			*	*
PERSONAL SHELTER		*	*			*	*	
BIVI BAG/TENT			*	*			*	*
ROLL MAT/THERMA-REST				*			*	*
SURVIVAL BAG/SPACE BLANKET	*	*	*	*		*	*	*
FIRST AID KIT	*	*	*	*		*	*	*
BOOTS	*	*	*	*	*	*	*	*

SANDALS	*			*				*
TREKKING POLES/SKI POLES	*	*	*	*	*	*	*	
SOCKS/LINERS	*	*	*	*	*	*	*	*
GAITERS	*	*	*	*			*	
WATERPROOF MATCHES				*			*	*
DUCK TAPE			*	*		*	*	*
MULTI TOOL/SWISS ARMY KNIFE	*	*	*	*		*	*	*
TORCH								
HEAD TORCH/BATTERIES		*	*	*		*	*	
MAPS + WATERPROOF CASE	*	*	*	*		*	*	
SEWING KIT			*	*		*	*	*
GPS	*	*	*	*		*	*	
COMPASS	*	*	*	*		*	*	
WATCH	*	*	*	*	*	*	*	*

NOTEPAD + PEN		*	*	*		*	*	*
LIGHT STICKS			*	*		*	*	
WATER PURIFICATION		*	*	*				*
MIDGE/MOSQUITO HEAD NET				*				*
MOSQUITO NET				*				*
INSECT REPELLENT	*	*	*	*				*
WATER BOTTLE/PLATYPUS	*	*	*	*	*	*	*	*
WHISTLE	*	*	*	*		*	*	*
SPARE LACES		*	*	*				*
PARA-CORD		*	*	*				*
SUN CREAM/LIP BALM	*	*	*	*	*	*	*	*
SUNGLASSES	*	*	*	*	*	*	*	*
MULTI-PURPOSE SOAP				*				*
PACK TOWEL				*				*

COOKING STOVE				*			*	
ENERGY BARS		*	*	*	*	*	*	*
FOOD	*	*	*	*			*	
FUEL				*			*	
TROUSERS/CONVERT PANT/SHORTS	*	*	*	*				*
BASE LAYER/THERMALS	*	*	*	*	*	*	*	
WICKING T- SHIRT/LONG SLEEVE	*	*	*	*				*
OVER TROUSER	*	*	*	*				*
PACKABLE WATERPROOF/PONCH O	*	*	*	*				*
SUN HAT	*	*	*	*				*
BUFF		*	*	*	*			*
COBBER				*				*

WINTER ESSENTIALS

	RAMBLIN G	HILL WALKIN G	MOUNTAI N WALKING	CAMPIN G	LEISUR E SKIING	OFF- PIST E SKI	SKI MOUNTAIN/TOU R	TRAVE L
HELMET			*		*	*	*	
CRAMPONS		*	*			*	*	
ICE AXES		*	*				*	
HARNESS			*			*	*	
ROPES			*			*	*	
TWO-WAY RADIO		*	*		*	*	*	
TRANSCEIVERS			*			*	*	
SHOVEL			*			*	*	
SNOWSAW			*			*	*	
PROBE			*			*	*	
GOGGLES		*	*		*	*	*	
MOUNTAIN JACKET		*	*		*	*	*	

MOUNTAIN SALOPETTES		*	*		*	*	*	
DOWN JACKET			*		*	*	*	
FLEECE	*	*	*	*	*	*	*	*
FLEECE LINED TROUSERS	*	*	*				*	*
THERMOS FLASK	*	*	*				*	*
BALACLAVA			*		*	*	*	
WINDPROOF/WOOLY HAT	*	*	*		*	*	*	
WIND-WATERPROOF MITTS OR GLOVES	*	*	*		*	*	*	
LINER GLOVES/FLEECE GLOVES					*	*	*	*
HAND/FOOT WARMERS					*	*	*	
DEADPAN/ICE SCREWS			*				*	

GENERAL								
	RAMBLING	HILL WALKING	MOUNTAIN WALKING	CAMPING	LEISURE SKIING	OFF-PISTE SKI	SKI MOUNTAIN/TOUR	TRAVEL
GUIDE BOOK FOR THE AREA	*	*	*		*			*
EMERGENCY TELEPHONE NO.			*		*	*	*	*
TRAVEL ADAPTER					*			*
PHONE CARD					*			*
INSURANCE			*		*	*	*	*
CAMERA/FILM	*	*	*	*	*	*	*	*
MONEY BELT					*			*
TOILETRIES				*	*			*

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